



# HIGH FREQUENCY

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A High Frequency electrical therapy, traditionally used to dry an oily skin, but can also be used to stimulate the skin cells and sebaceous glands.

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Application of Direct High Frequency makes skin more receptive to topical acne treatments and destroys the bacteria that causes acne.

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Application of Indirect High Frequency provides a warming, soothing massage, ideally suited to dry, dehydrated or mature skin.

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Both methods can be applied to the face or body.

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LIFT | TIGHTEN | TONE

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## High Frequency explained

All high frequency machines function by using a perspex electrode to treat various contours of the face and body. When applied to the surface of the skin, a mild electrical current passes through a neon, or argon gas filled electrode, causing it to emit a subtle glow neon red/ orange or violet/blue and buzzing noise.

Traditionally, acne prone skin is treated with violet and ageing skin is treated with red, however, recent studies show that both are effective regardless of the skincare concern.

During a high frequency treatment, enriched oxygen molecules are produced that create an anti-bacterial action and a “natural” thermal tissue warming. This reaction helps blood vessels push away toxins, while the skin cells are enriched with nutrients. This in turn creates an increase in blood circulation and cell renewal that supports increased levels of collagen and elastin. The skin is left feeling instantly energized and noticeably softer after just one treatment.

High frequency has proven to be effective on almost any skin lesion from acne and burns, to waxing procedures and cold sores. High frequency facials are considered to be a safe, gentle and therapeutic approach to skin rejuvenation, quickly healing and restoring skin’s health.

## Your Results

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Increases collagen growth

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Enhances blood flow and circulation

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Reduces acne-causing bacteria

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Increases elastin production

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Exfoliates dead skin cells

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Improves overall skin appearance and tone

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## FAQs

### **Is it new?**

Electrical therapy treatments have been standard salon practices for many years. The earliest, electrolysis, made the switch from a medical procedure to a beauty treatment in the 1880s.

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### **Is it painful?**

There is a slight warming sensation from both of the currents used in this treatment, however, it is a slight tingling, and some clients may experience a pulsing sensation in the muscles on application of the Microcurrent – both are comfortable.

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### **Is it suitable for me?**

High frequency treatment carries a few restrictions, but it is suitable for most people, male and female. Your therapist will go through a detailed consultation with you to ascertain your suitability for the treatment.

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### **Is it suitable for my skin type?**

Your therapist will go through a detailed consultation with you to ascertain your suitability for the treatment. High frequency is suitable for most skin types.

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### **When will I see results?**

You will start to see results after your first Meso Lift Pro treatment. The skin will appear firmer and toned, however, to enhance and maintain the results, a course of 8 to 10 treatments is recommended with an average of two facials a week, with a monthly maintenance programme.

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