

## USER GUIDE

### Stone heater for 6 pieces, ref. HARMONY WK-S012

Please read this document carefully before using the device. Keep it in an accessible place so that you can read it at any time.

You will be working with high-temperature stones in contact with the body, so it is very important to be very aware of it and to follow the next guidelines in order to avoid any injury.

#### **Precaution**

1. A short power cord is supplied. Longer ones can get entangled and risk the safety of the device.
2. Do not touch the hot surface of the equipment.
3. Given that the equipment has electric components, never immerse the cord, the plug or the unit in water.
4. Turn the equipment off before unplugging it from the power supply.
5. Do not use it near a shower or a bath area to avoid contact with water.
6. Keep it away from children or pay extreme attention if it is used near children.
7. Unplug the equipment when it is not being used and for cleaning. Let it cool down for a while after its use and before cleaning it.
8. If the power cord or the plug is damaged, do not use the equipment. Please contact your distributor or the manufacturer to repair or replace it.
9. Use only the original accessories supplied with the equipment.
10. Do not use the equipment outdoors.
11. Do not let the power cord touch hot surfaces.
12. Do not place the equipment near an electric burner or an oven.
13. Please pay extreme attention when moving the equipment if it contains hot water.
14. Use only the equipment to heat massage stones, not for anything else which is not conceived for.
15. Fill the water tank up to approximately 2,5 cm below the rim.
16. Place the equipment on a heat-resistant and level surface.
17. Always put the stones inside the tank before filling it with water.
18. Do not fill the water tank inside a sink while being plugged. There is a high risk of an electric shock.
19. Test the temperature of the stones on your hands or fingers before using them on the patient's skin.

20. To pick up the stones from the hot water, use the slotted spoon in order to avoid burns.
21. Never add boiling water in order not to alter the equipment temperature and avoid burning yourself or the patient.
22. Use the equipment in a well-ventilated area.
23. Check that the electric features of the equipment fit the ones in your working space before using the equipment.

### **Contraindications**

Do not use this hot massage treatment with the following patients:

- People suffering from tuberculosis, tumours, thrombosis or phlebitis.
- People having haemorrhage, bruises, rashes, burns, cuts, varicose veins, skin irritation or sensitive skin.
- Pregnant women, people suffering from diabetes or any other illnesses should ask for their doctor's approval before following this massage therapy.

### **Equipment description**

The display "Current temperature" shows the internal temperature as it has been adjusted or as it evolves during the regular use, for example if the lid has been opened. You can also adjust here if you want the temperature to be shown in Celsius or Fahrenheit degrees. It ranges from 0°C to 93 °C.

The display "Setting temperature" shows the temperature that the professional can select. It ranges from 40°C to 70 °C. If there is a malfunction, an error code will be displayed.

The "heat indication light" (placed between both displays) turns off once the desired temperature is achieved.

Keys (+) and (-) allow increasing or decreasing the temperature.

### **Operation**

1. Wash the stones before each use.
2. Before starting the treatment, place a hand towel along the bottom of the

equipment in order to arrange the hot stones once heated. Always handle the stones with care when you put them into the water tank or remove them from it.

3. Before plugging the equipment, introduce the stones into the water tank and make sure you add enough water to cover the stone. Use the lid to close the tank.
4. Plug the equipment and select either Fahrenheit or Celsius degrees, which will be shown on the Current temperature display.
5. Press on/off key to turn on the heater and set the temperature as desired with (+) and (-) keys and it will be shown on the setting temperature display.
6. The equipment is heating while the indication light is on. It will turn off once the desired temperature is achieved.
7. Then, pick up the first stone from the water tank with the slotted spoon provided. Test the temperature of the stone with your finger, and if it is not too hot, hold it on your hand. When the temperature is warm and you feel yourself comfortable, you can place it on the patient's skin.
8. Once the session is finished, turn the unit off with the on/off key and unplug it when not in use.

### **Maintenance and cleaning**

Clean the equipment after each session following the next steps.

1. It is very important to unplug the equipment and let it cool down before cleaning it.
2. Carefully pick up the stones with the provided slotted spoon before removing the water.
3. Clean the water tank and the equipment lid with soap and cold water. Rinse it with clean water and dry it with a clean cloth or towel.
4. Wipe the main unit with a damp cloth or towel. Never immerse it in water or place it inside a sink to rinse it.
5. Rinse the stones under cold running water, use antibacterial soap and warm water to get rid of any oil, cream or remaining lotion on the stones and rinse them under cold water. Dry them with a lint-free cloth and place them back into their case.

### **Troubleshooting**

- If the temperature is lower than 0°C, an L will be shown in the current temperature display. If E1 appears on the display, it means the temperature has exceeded 93°C.
- If E2 appears on the current temperature display, it shows that the internal gauge is defective and temperature will keep on heating indefinitely. So, if E2 appears, it is very important to interrupt operation and unplug it from the power source.
- If “- -” appears on the setting temperature display, it means that the desired temperature is yet to be set.

If you ever have a problem with your stone heater, please contact your distributor in order to see how to proceed.